



# *Enflame Our Hearts*

CONVOCATION 2019



## PRAY (self)

- Website/podcast: Pray As You Go offers 10-12 minute daily reflections/ meditations on one of the scripture readings for that day, which you can listen to online or via their podcast app (search “Pray As You Go” in Google Play or the App Store), designed for being “on the go”. Great for listening to in the morning as you get ready, or for the commute to work. <https://pray-as-you-go.org/>
- Subscribe to Magnificat for Liturgy of the Hours, daily readings and reflections, and more. There are digital and print subscriptions, as well as a special publication for children (MagnifiKid!) <https://us.magnificat.net/>
- Practice The Examen, a daily personal reflection on God in your day. <https://www.loyolapress.com/our-catholic-faith/ignatian-spirituality/examen-and-ignatian-prayer/how-can-i-pray-try-the-daily-examen> (This links to a more detailed explanation of what The Examen is and how to pray it.)
- [Get The Examen Prayer Card](#)

## PRAY (parish)

- Look for more resources for parish prayer in the future.

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*Be Disciples, Make Disciples*



PRAY (both self and/or parish)

- Make a retreat at Christ's Peace House of Prayer
  - <https://www.archkck.org/dmc/videos/christs-peace-house-of-prayer> (video promoting CPHP that really shows the location/land/chapel, etc.)
  - Primary website for CPHP where you can learn more, explore what is offered, learn more details on accommodation options: <https://www.archkck.org/cpp>
  - CPHP Facebook Page (Vince does a lovely job of just posting beautiful pictures from around CPHP, and also posts info on upcoming retreats/what is happening there). [https://www.facebook.com/ChristsPeaceHouseOfPrayer/?eid=ARDv7jECsm1B3pw5AAhx2EK2HWUKTtRRpRD0cLMzQIFOB3ifCqbTw5\\_RGZLluow\\_SROy6PtR99pAEZmD](https://www.facebook.com/ChristsPeaceHouseOfPrayer/?eid=ARDv7jECsm1B3pw5AAhx2EK2HWUKTtRRpRD0cLMzQIFOB3ifCqbTw5_RGZLluow_SROy6PtR99pAEZmD)
  - Specific information on types of retreats at CPHP on their website (private, guided, group), and includes the scheduled retreats for 2019. <https://www.archkck.org/cpp/cpp-retreat-options>
- This article includes suggestions for those who are limited on time and funds for a retreat, types of retreats, and suggestions for books/movies to read or watch for retreat. <https://www.catholic.com/magazine/online-edition/a-diy-retreat#.XFCOGKRGnKc.mailto>
- Lectio Divina: scripture focused reading and prayer, for the individual, or excellent for small groups. ([USCCB -- Ever Ancient, Ever New: The Art and Practice of Lectio Divina](#) )
- Book, Consoling the Heart of Jesus, by Fr. Michael Gaitley. Can link to purchase: (English version) <https://www.ignatius.com/Consoling-the-Heart-of-Jesus-P298.aspx> (Spanish version) <https://www.lighthousecatholicmedia.org/store/title/spanish-consoling-the-heart->



[of-jesus-book-premium-edition](#) (Description from the Ignatius Press website: This do-it-yourself retreat combines the Spiritual Exercises of St. Ignatius with the teachings of Saints Therese of Lisieux, Faustina Kowalska, and Louis de Montfort. Fr. Michael Gaitley, MIC, has a remarkable gift for inspiring little souls to trust in Jesus, and his Divine Mercy. As Danielle Bean, editor of *Faith & Family* magazine, puts it, "The voice of Christ in these pages is one that even this hopelessly distracted wife and mother of eight could hear and respond to." Your schedule is never too tight to make this retreat! Take one weekend, or break up the meditations for as long a period as you need. Includes practical helps in appendices,

- List of places that offer retreats/to go on private or group retreat:
  - Sophia Retreat Center - Mount St. Scholastica (Atchison, KS): <https://www.mountosb.org/ministries/scheduled-retreat-opportunities>
  - Christ's Peace House of Prayer: <https://www.archkck.org/cpp/cpp-retreat-options>
  - Ignatian Spirituality Center of Kansas City: <http://www.ignatiancenterkc.org/events/>
  - Northeast Kansas Marriage Encounter: <http://www.wwme.org/find-a-weekend>
  - Sanctuary of Hope (KC, KS): <https://www.sanctuaryofhoperetreat.org/individual-retreats.html>
  - Cursillo Movement: <https://www.cursillokcks.com/>
  - Sunflower Teens Encounter Christ (TEC): <http://sunflowertec.org/>
  - Prairie Star Ranch / Camp Tekakwitha: <https://www.archkck.org/psr-retreat-retreats>
  - Catholic Spiritual Mentorship Program: <https://schooloffaith.com/spiritual-mentorship-1>



Scripture Companions: dive deeper into scripture with any of these great scripture companions:

- Magnificat: <https://us.magnificat.net/>
- Word Among Us: <https://wau.org/>
- Living Faith: <http://www.livingfaith.com/>