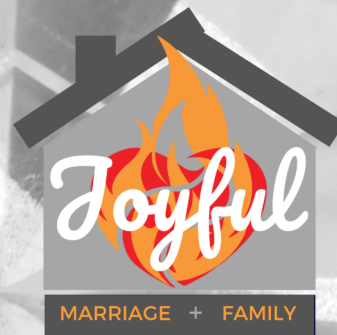


FAMILY NIGHT:



No one like you!

You and your family are unique and unrepeatable. When we begin to really internalize this truth, we can't help but become people who defend the life and dignity of others. Observe Respect Life Month as a family by considering the important principle that underlies our passion for protecting human life at every stage.

Video Discussion & Activity:

Together, watch the video, "Created by God: Irreplaceable" found at archkcks.org/unrepeatable_familynight.

- Have you ever felt "replaceable" like the college student in the video? When?
- **Older kids:** Social media allows for lots of self-expression. Do you think this makes young people today feel irreplaceable? Why or why not?
- **Younger kids:** Use an ink pad or marker to take thumb prints of all the family members. Compare them. Did you know you God planned your fingerprints before you were even born? What other ways did God make you "one of a kind"?
- Give each family member a sheet of paper with their name on it. Pass the sheets to the left, and have each person write some ways they see that person reflect God's love in a unique way. Keep passing sheets until they arrive back at the owner. (Older children can be paired with younger to help).

IRREPLACEABLE PARENTS

*"You're good parents, but what your children most need is more of **you**, not more things you do for them...Nobody else could be as good for them."*

Fr. Chuck Gallagher, Parents Are Special

At times, we all feel inadequate as parents, and for good reason: we are imperfect, and the job is difficult! But take heart. The one thing your kids need most is YOU— just as you are. Give a hug. Share a story. Invite a kid to run an errand with you, and be at peace!

Who cares?

If I am irreplaceable, then so is each person I meet. What is one way we can live this truth?

- Pray for the unborn with 40 Days for Life
- Volunteer or donate to moms in crisis pregnancy
- Visit or write to someone in a nursing home or care facility
- Make lunches for St. Mary's Food Kitchen
- Get to know your neighbors
- Support foster families (or become one!)
- Pray for those who have no one to pray for them
- Befriend someone who is new

I am fearfully and wonderfully made. Psalm 139:14

Access the video and more ideas: Archkcks.org/Unrepeatable_familynight