

Lenten Reflection - 1st Sunday

Archbishop Naumann

February 21, 2021



GOSPEL READING - MARK 1:12-15

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.

He was among wild beasts,
and the angels ministered to him.

After John had been arrested,
Jesus came to Galilee

proclaiming the gospel of God:

"This is the time of fulfillment.

The kingdom of God is at hand.

Repent, and believe in the gospel."

Lord Our God, we bless you.
As we ponder the Scriptures,
we ask you in your kindness
to fill us with the knowledge
of your will so that,
pleasing you in all things,
we may grow
in every good work.
We ask this through
Christ our Lord. Amen.

Reflection Questions

- Why might the Spirit have driven Jesus towards the desert, into isolation and occasions of temptation?
- Like Jesus in the desert, we are often tempted by Satan. How do I drive back or deny these temptations?
- How have I been tempted to deny God's providential care in my life?
- What idols exist in my life?
- How did Jesus find freedom in denying Satan's temptations?
- Where do I place my trust?
- When has my peace been shattered and how did I respond?
- What progress did I make last week in my small step to strengthen my confidence in God's love in my life?
- How can I build on that step this week?

